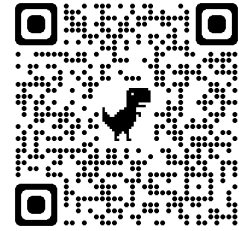


SOUTH WINDSOR HIGH SCHOOL

School Counseling Department

Grade 11 PSAT Return & Future Planning Checklist



Introduction:

- Social Emotional Check In
 - Last February lesson on stress, strategies, and support options
 - Today: Accessing support 24/7 via QR Code
- What are my options after high school?
 - College, Career, Military, Gap, Volunteer, Other
 - Have I talked about them with friends, parents, guardians, counselor, etc.?
- What have I done/can I do to research or investigate these options?
 - Visits, Inventories, Searches, Grade 12 schedule, etc.
- Do my plans need any test scores?
 - Which ones?
 - SAT, ACT, ASVAB
 - ★ What are my [PSAT](#) scores? (*activity below*)
 - How can I improve for the SAT?
 - ↪ <https://www.satprepct.com/courses/>
 - ↪ Khan Academy
- Do I have a Resume?

Workshop Activities:

- Access PSAT scores:
 - CollegeBoard (*avoid creating a 2nd account*)
 - <https://studentscores.collegeboard.org>
 - ✓ Sign up for CollegeBoard Opportunity Scholarship
 - ★ <https://opportunity.collegeboard.org/>
 - Naviance (*score only, no details*)
 - student.naviance.com/swindsor
- Conduct a brief college search or create/update Naviance Resume
 - student.naviance.com/swindsor
 - College Tab
 - ✓ SuperMatch
 - About Me Tab
 - ✓ Resume

Conclusion:

- Grade 12 Course Selection Process and Timeline
- Grade 11 Parent & Guardian Night 1/5/22 @ 6:30 p.m.
- Jr. Planning Meeting between you, your family, and your School Counselor (Spring)
 - Creating an individualized plan for your future
- SAT School Day Test in March